

# CLASS SCHEDULE TERM 2 2025



**CLAY WORKSHOP** 

TUESDAY 27 MAY 10-11.30AM

1.5hr workshop  
Create a beautiful face trinket dish or wall plate  
Cost \$45



Home is where the heart is.  
Stay there longer.

**FREE**

**LIVING AT HOME FOR LONGER**  
THURSDAY 19 JUNE 1-2PM

Free information and Q&A session on changes to & accessing Aged Home Care packages. Presented by Latrobe Community Health Services

BOOKINGS ESSENTIAL



CONCESSION (C)  
APPLICABLE TO HOLDERS  
OF A HEALTHCARE CARD OR  
PENSIONER CONCESSION CARD

**MONDAY**  
**NO CLASS 9 JUNE**

**FOUNDATION PILATES**  
Mat Pilates with Jia  
28 April - 30 June (9wks)  
9.15am - 10.15am  
10.15am - 11.15am  
FF \$140; C \$130

**HATHA YOGA with Martina**  
28 April - 30 June (9wks)  
9.15am - 10.15am  
10.30am - 11.30am  
FF \$140; C \$130

**CHAIR YOGA with Martina**  
Flexibility Balance Relaxation  
28 April - 30 June (9wks)  
11.45am - 12.30pm  
FF \$140; C \$130

**SPANISH: BEGINNER PLUS**  
28 April - 30 June (9wks)  
1.30pm - 3.30pm  
FF \$180; C \$170

**STEP INTO SALSA with Ana**  
28 April - 30 June (9wks)  
4pm - 5pm  
FF \$140; C \$130

**YOUNG CREATORS**  
Art with Fathima  
28 April - 30 June (9wks)  
4pm - 5pm (Ages 6-8)  
5pm - 6pm (Ages 9-13)  
Cost \$135

**ART 101**  
A Creative Start for Beginners  
28 April - 30 June (9wks)  
7pm - 9pm  
FF \$175; C \$165

**TUESDAY**

**SLOW FLOW YOGA**  
with Nicky  
22 April - 1 July (11wks)  
9.15am - 10.15am  
10.30am - 11.30am  
FF \$170; C \$160

**CONVERSATION EN FRANCAIS**  
with Isabelle  
29 April - 1 July (10wks)  
10am - 12pm  
FF \$210; C \$200



**FRENCH: BEGINNER PLUS**  
with Isabelle  
29 April - 1 July (10wks)  
1pm - 3pm  
FF \$210; C \$200

**KNIT & KNATTER**  
22 April - 1 July (11wks)  
12.30pm - 3pm  
\$3 per session

**SIMPLY ART with Christine**  
29 April - 1 July (10wks)  
1pm - 3pm  
FF \$195; C \$185

**YIN YANG YOGA with Yvonne**  
22 April - 1 July (11wks)  
6pm - 7pm  
7.15pm - 8.15pm  
FF \$170; C \$160

**WEDNESDAY**

**ACTIVE & STRONG**  
Strength with Pauline  
30 April - 2 July (10wks)  
9.45am - 10.45am  
FF \$155; C \$145

**STEADY & STRONG**  
Strength with Pauline  
30 April - 2 July (10wks)  
11am - 12pm  
FF \$155; C \$145



**HEALTHY EATING**  
**HEALTHY HABITS**  
Children's Cooking Class  
7 May - 25 June (8wks)  
4pm - 5pm  
Cost \$160



**PLASTER ON CANVAS**  
4 WEEK CREATIVE ART WORKSHOP



WEDNESDAY 10AM-12PM  
4, 11, 18, 25 JUNE 2025 \$100

**THURSDAY**

**BALANCED BODY**  
Mat Pilates with Nicky  
24 April - 3 July (11wks)  
9.30am - 10.30am  
10.30am - 11.30am  
FF \$170; C \$160

**PLAYTIME ADVENTURES**  
Playgroup 6mths-4yrs  
1 May - 3 July (10wks)  
9.30am - 11.30am  
Term \$35 per family  
or Casual \$5 per session



**QIGONG with Vickie**  
Mind Body Movement  
8 May - 3 July (8wks)  
4.15pm - 5.15pm  
**NEW!** FF \$130; C \$120


**YOUNG CREATORS**  
Art with Mary  
1 May - 3 July (10wks)  
4pm - 5pm (Ages 6-8)  
5.05pm - 6.05pm (Ages 8-12)  
Cost \$150

**HATHA YOGA with Martina**  
1 May - 3 July (10wks)  
6pm - 7pm  
7.15pm - 8.15pm  
FF \$155; C \$145

**FRIDAY**

**STEADY & STRONG**  
Strength with Pauline  
2 May - 4 July (10wks)  
9.15am - 10.15am  
FF \$155; C \$145

**JAPANESE PLAYGROUP**  
2 May - 4 July (10wks)  
11am - 1pm  
\$4 per session




**QIGONG with Vickie**  
MIND BODY MOVEMENT  
Thursday 8 May - 3 July (8wk)  
4.15-5.15pm \$130/\$120




**STONE MANDALA**  
WORKSHOP  
FRIDAY 16 MAY  
9.30AM - 12.30PM  
COST \$50  
ALL MATERIALS SUPPLIED

